



**GREAT VIC  
BIKE RIDE**

# The Good Oil

**ISSUE 8: FISH CREEK/Brataualung Country**  
Saturday 2 DECEMBER  
Tomorrow's riding: Fish Creek to Wonthaggi (59km)



## Plenty of fish in the creek

An enduring dairy farming community underpins the rural village of Fish Creek in South Gippsland, where you'll find a fun array of quirky galleries, bookstores and cafes to while away the afternoon.

There is also ready access to the Great Southern Rail Trail if you fancy an extra-curricular pedal or walk. This rail line to Barry Beach served the oil fields in the Bass Strait up until 1991.

On a sadder note, the Fish Creek Football and Netball Club's clubrooms were recently burnt to the ground, taking with them more than one hundred years of memorabilia, photos, trophies, honour boards and flags.

You can support the rebuild efforts at: <https://www.gofundme.com/f/our-wonderful-club-start-to-rebuild>

PARTNERS



# WHAT'S ON IN FISH CREEK?

## IN TOWN

### Fish Creek Hotel

This beautiful art-deco style building is a wonderful place to enjoy some classic pub fare, sustainably caught goodies and a tasty range of seafood. Can you spot the giant fish on the roof?

### Gibsons Cafe

Delicious baked treats, hearty brunches and all kinds of homemade goods are on offer at this quaint little café.

### Long John Pickles

Stop by this eatery in the heart of town for all-day brekkie, or perhaps just a coffee, shake or smoothie.

### Disco time

There's a disco at the town hall from 7:30pm. You remembered your dancing shoes, right?

### The Hand-makers store

This craft store features the wares of local makers working with ethically sourced goods.

### Alison Lester Bookshop

Late in 2014 renowned children's author Alison Lester opened a bookshop and gallery in town, not far from where she was born.

### Wallace and Wallace Gallery

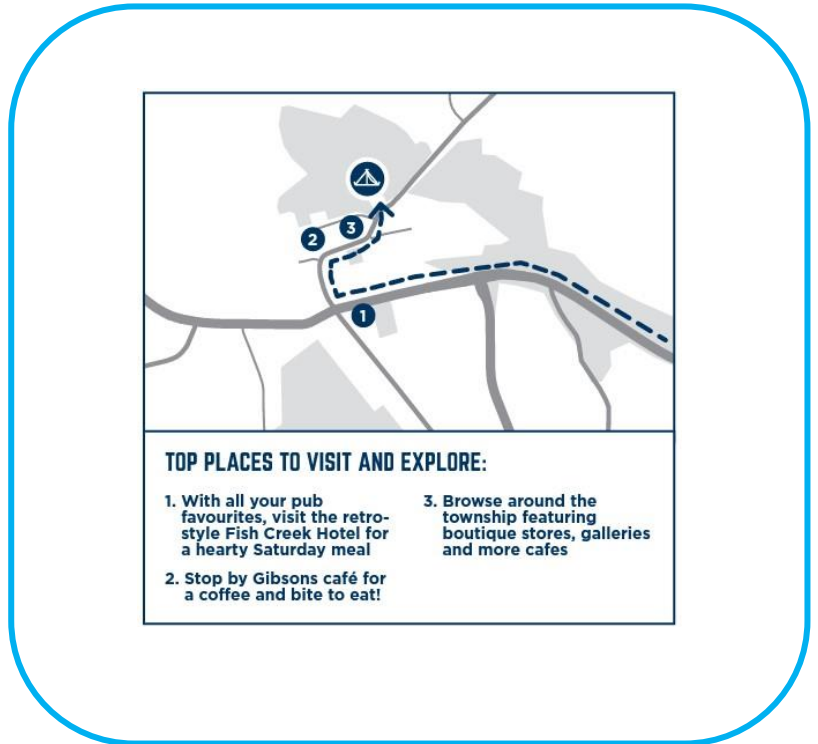
This retail gallery showcases local sculptural works and creative photography

## TOMORROW

Tomorrow we head for the finish line! Here are some things you might like to check out on the way.

### Treat Time – Inverloch

Treat Time has a tempting array of local and imported goodies. Think American chocolates such as Reece's, or New Zealand's famous Hokey Pokey (crunchy honeycomb).



### Dirty Three Wines - Inverloch

Dirty Three Wines in Inverloch is a favourite with locals and a fantastic place to stop and sample delicious drops. If time permits, stay for lunch.

### Paul the Pieman - Inverloch

A family-run bakery serving up quality pastries since 2002.

### Finish line BBQ! – Wonthaggi

Reward yourself with a sausage, cooked up by the Wonthaggi Football and Netball Club.

### Little Wren Sandwich Bar

This popular lunch sport offers a great assortment of wraps, sandwiches, local jams and other goods.

### Mates Gin Distillery

Head for this cellar door to sample some locally-made Bass Coast gin.

### The Wonthaggi Club

Right in the centre of the shopping district, the Club offers quality dining options for lunch and dinner, and even some entertainment if you feel like sticking around.

## WHAT'S ON

### TODAY'S MENU

Standard, vegetarian or vegan? Not to worry, all dietaries are catered for on the Great Vic! Here's what's on the menu today.

#### LUNCH

Brown rice with roast chicken (veg substitutes).  
Salads. Protein balls. Fruit.

#### DINNER

Roast beef, vegetable croquettes. Rice pilaf,  
vegetable medley. Tomato concasse. Bread rolls.

#### DESSERT

Mixed berries. Thickened cream. Waffle cones.  
Vegan custard.



### TODAY

#### ENTERTAINMENT

##### Main stage entertainment

7:00-7:15pm: Event Manager's briefing

7:30-9:30pm: Hot Tub

##### Outdoor cinema

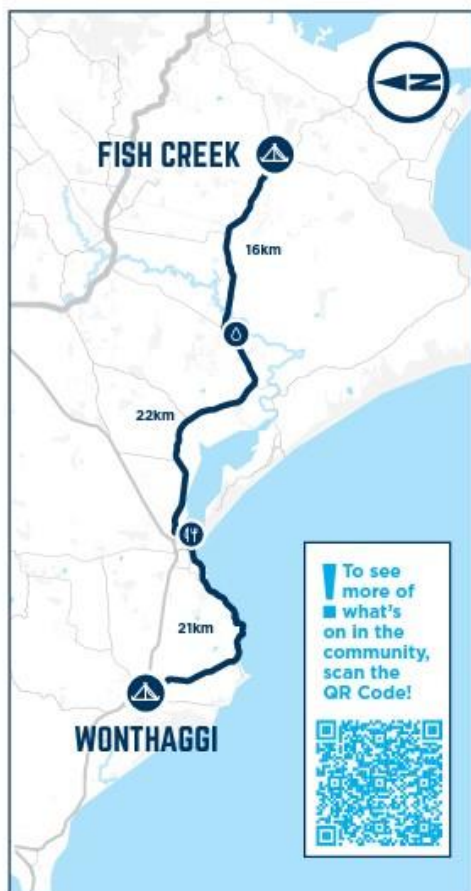
3pm-5:30pm: Sports selection (check daily)

5:30-7pm: How to Train Your Dragon

7:30pm-9:30pm: Hot Fuzz

# TOMORROW'S RIDE: 59KM

It's the last day of riding, so be sure to soak it up! We'll take off from Fish Creek, venture through the lively town of Inverloch and make for Wonthaggi, where the finish line awaits. Get ready for views of spectacular coastal reserves, lush green paddocks and to celebrate with your new and old Great Vic friends!



## TOMORROW'S MENU

### BREAKFAST

Pancakes! Oats, Nutri Grain, muesli, Weetbix, fruit salad, Corn Flakes, all kinds of bread, jams, honey, Vegemite, flavoured and Greek yoghurt, coffee, tea, Milo, fruit juices.

### GRAB 'N' GO

Apples and Bananas. Up and Go. Chocolate muffins.

## WARBY TIPS

Pump your tyres every day or two to the pressure as specified by the manufacturer (the recommended pressure will be printed on the side of your tyres). Clean and lubricate your chain regularly.

## FUN FACT

You can cycle around three times faster than you can walk while using the same amount of energy. Sounds like a pretty good deal to us!



# THE DAILY EXTRA

THE  
GOOD  
OIL

**Campsite:** Fish Creek

**Date:** Saturday 2nd December

## Hello, goodbye

Here we are, Fish Creek. Our last stop. The final hoorah.

It's been quite a journey and what a great place to spend our final night together.

You've no doubt made some new friendships, deepened existing ones and had plenty of laughs along the way.

Fish Creek is brimming with character and has some interesting places to visit, but tomorrow will be a busy one so remember to take some rest where you can!

Tomorrow we're headed for Inverloch before tackling the very last leg of the journey, the finish line in Wonthaggi.

That means it's the last you'll hear from us at *The Good Oil*, we hope you've enjoyed. Thanks for reading and safe travels friends.

Til next time!

## SUDOKU

9			1		5			3
	3			6			4	
		6	7		8	2		
5	1						3	7
		2				5		
4	6						8	2
		3	5		9	6		
	9			8			7	
2			6		3			1

Sudoku provided by [Sudoku.com.au](http://Sudoku.com.au)

## TOMORROW'S WEATHER

MIN: 9° MAX: 21°

Cloudy. 70% chance of showers. South to south-easterly winds of 15 to 20 knots.

## A local legend



Some people are born to get more people on bikes. They live it. They breathe it. It's in their DNA.

Cosette Murphy is one such person. Her passion for pedalling is one of the driving forces behind local riding group These Girls and Boys Can Ride (find them on Facebook).

This year she's on the Great Vic volunteering as a marshal on an e-bike from Venture Out, spreading her infectious energy all along the route.

If you see Cosette out and about, be sure to send some good vibes back her way!

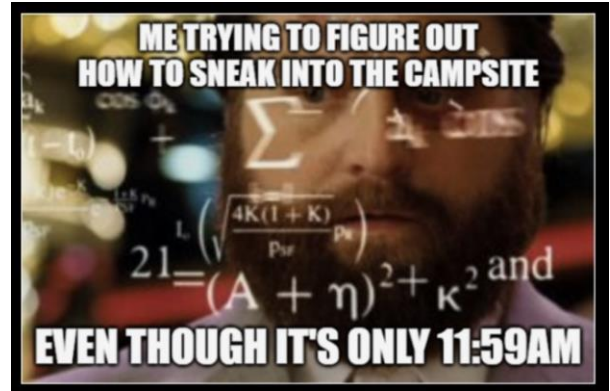
## Nice on Phil!



Phil Knight did the first Great Vic in 1984. He has ridden bikes since he was 13 and rode to school. Phil had an accident in 1992 but has continued to ride since 1993 despite his injuries. His old bike was reconstructed to suit his needs and he still rides it today. He has ridden in Tasmania, WA and New Zealand.

## Just for laughs

I don't usually tell Dad jokes, but when I do, sometimes he laughs!



## DAILY CROSSWORD

### Bedroom Items

N	L	O	P	S	R	O	B	O	S	P	D	D	S
I	E	O	R	L	R	A	S	I	P	S	R	H	W
R	I	S	D	I	E	N	H	D	U	N	E	N	A
G	U	R	A	P	C	R	E	A	N	I	S	N	R
A	O	A	E	P	H	E	L	R	I	A	S	T	D
L	R	O	D	E	B	O	F	N	G	T	I	E	R
A	M	I	R	R	O	R	T	N	H	R	N	D	O
R	I	L	E	S	S	E	T	O	T	U	G	D	B
M	W	A	M	S	H	S	O	D	S	C	G	Y	E
C	O	M	O	H	E	S	M	M	T	D	O	B	T
L	L	P	C	T	E	H	A	T	A	R	W	E	R
O	L	R	R	S	T	T	E	H	N	L	N	A	E
C	I	M	T	E	S	O	L	C	D	R	E	R	T
K	P	U	B	S	D	L	P	L	T	E	V	U	D

MIRROR  
SHELF  
WARDROBE  
SHEETS  
NIGHTSTAND  
RADIO  
ALARM CLOCK  
DRESSING GOWN  
PHOTO  
RUG  
BED  
DUVET  
TEDDY BEAR  
CLOSET  
PILLOW  
LAMP  
CURTAINS  
SLIPPERS