



**GREAT VIC
BIKE RIDE**



THE GOOD OIL 2025

ISSUE 1: PRE-CAMP ARRIVAL DAY

NOV 23 | TOMORROW'S RIDE: MORTLAKE TO KOROIT

Contents

Today's Campsite

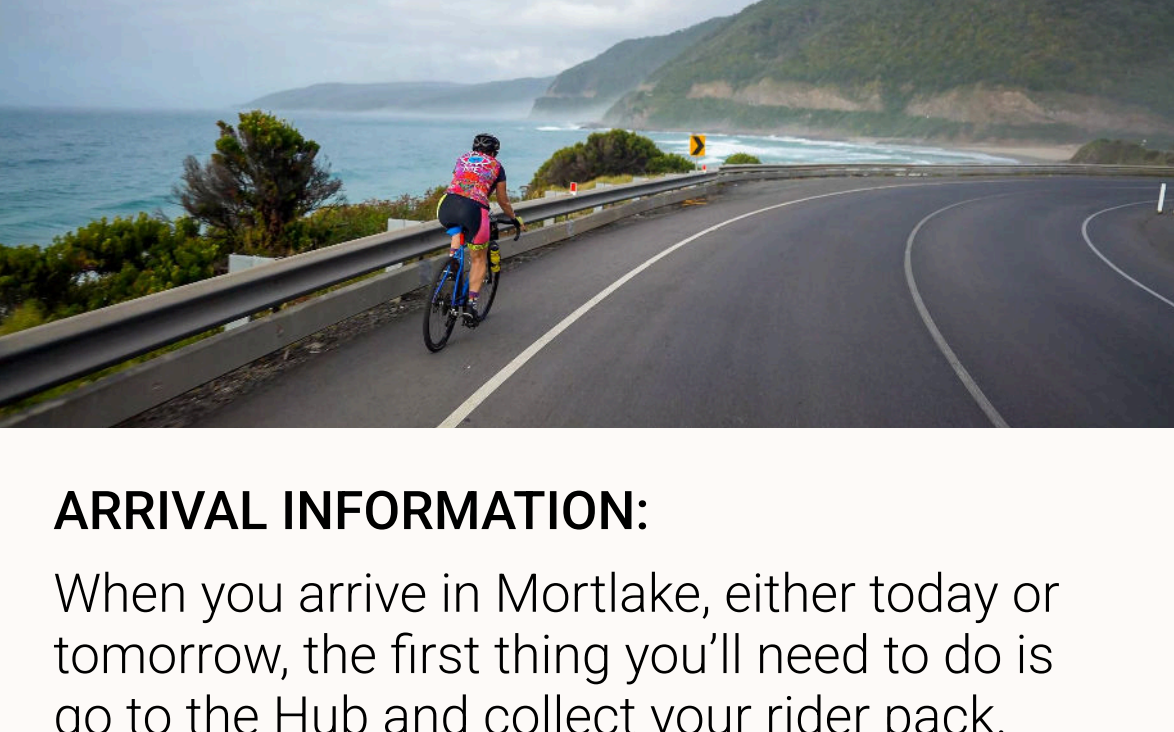
Tomorrows Ride

Tomorrows Campsite

Daily Extras

WELCOME TO THE BEGINNING OF THIS YEARS GREAT VICTORIAN BIKE RIDE 2025!

A few of us have started the week off in Mortlake for a nights pre-camp before embarking on the Great Vic's return to the stunning Great Ocean Road tomorrow.



ARRIVAL INFORMATION:

When you arrive in Mortlake, either today or tomorrow, the first thing you'll need to do is go to the Hub and collect your rider pack.

Sunday: Hub/Registration open 3-6pm

Monday: Hub/Registration open 7-10am

Arriving Today (Sunday): Those coming into Mortlake today, Sunday, you will be able to set up your tent and keep your bike and luggage with you. We have security on overnight.

Arriving Monday: If you are coming in on Monday on our transport, including the shuttle from the long-term car park, you will need to locate your luggage at Mortlake, and then transfer it to the event luggage trucks – it cannot stay on the original truck as it isn't going through to Koroit.

ARRIVED AT CAMP ON SUNDAY?

As today was an optional arrival day our camp is running with limited services. You can enjoy a nice afternoon, dinner and entertainment at some of these hot spots:

Mortlake Cricket Club

The Mortlake Cricket Club will be hosting a BBQ dinner with steak sandwiches from 4pm! We will also have the bar open w/ alcoholic and non-alcoholic beverages available.

Mount Shadwell Hotel

Come and enjoy the spacious dining room, beer garden and bar at the historic Mount Shadwell Hotel, with warm hospitality from local family, The Fowlers. Delicious pub fare, cold beer, hot coffee and yummy breakfast on offer. Wifi and several phone charging stations available for patrons.

Mac's Hotel Mortlake

Open for lunch 12-2pm and dinner from 5pm. Coffees all day. From 5.30 we will have live music in our beer garden.

Terang Mortlake Football Netball Club

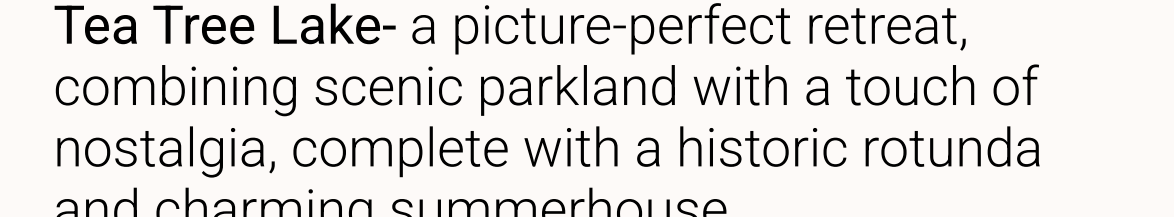
Providing Hot Chips and Gravy from their Canteen in Mortlake, as well as a BBQ from Wes' famous Hamburger Hut!

On-Site Food Trucks

- Jun's Asian Home Kitchen
- Cochavi Pizza van
- Timboon Ice-cream
- Dolly's Addiction

Local IGA

The Mortlake IGA will be open until 5pm on Sunday and opens again at 7:30am on Monday morning.



WHAT ELSE IS IN MORTLAKE?

Tea Tree Lake- a picture-perfect retreat, combining scenic parkland with a touch of nostalgia, complete with a historic rotunda and charming summerhouse.

Mortlake Golf Course- located at the edge of the town Mortlake Golf Club offers visitors a genuinely Australian golfing experience.

Mortlake Historical Trail Tours- Get to know Mortlake township on a walk around the main street and historic bluestone precinct with local history guides who will tell lots of interesting stories about development of the town, buildings and local identities. Tours depart from Market Square, Mortlake at 2.00pm and 4.00pm for a gold coin donation.



MORTLAKE MARKET

Market Square, Mortlake

Sunday 23rd November

10am - 5pm

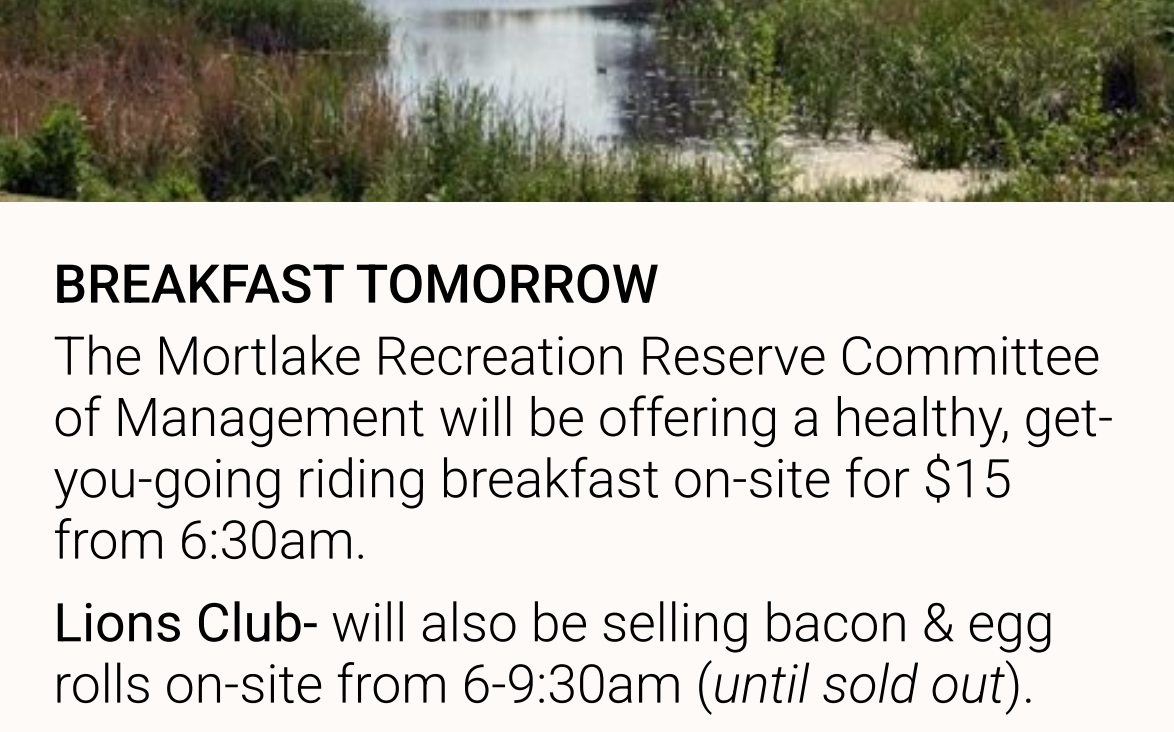
Special Market.
Great Victorian Bike Ride
Starts In Mortlake!



Western Plains Spinners & Weavers- a local group of dedicated, craft-minded people will be selling handmade items from a small bluestone heritage building set back next to the Soldier's Memorial Hall in Shaw St.

Mount Shadwell Quarry- fossick for Olivine and Peridot at the Mount Shadwell Quarry. The Mortlake is the Olivine capital of Australia and is considered the 4th largest source of Olivine in the world. Pre-booking is required 03 5599 2899. If unattended, leave your contact details and mention fossicking GVBR.

Barefoot Bowls- come and enjoy a roll at the Mortlake Bowls Club. Bar will be open from 2pm. Sausage sizzle and some light music.



BREAKFAST TOMORROW

The Mortlake Recreation Reserve Committee of Management will be offering a healthy, get-you-going riding breakfast on-site for \$15 from 6:30am.

Lions Club- will also be selling bacon & egg rolls on-site from 6-9:30am (*until sold out*).

Sweet Freeze Acai- breakfast bowls on-site

Want something different:

Mount Shadwell Hotel- Classic Pub

Livestock Exchange Cafe- Grab a coffee and on the go breakfast at the Feedlot Café. Perfect for a quick stop to refuel before the day's ride. Only a 10 minute ride out of town along the riding route. Open from 6am.

TOMORROW'S RIDE

MONDAY NOV 24 | MORTLAKE TO KOROIT

RIDING ROUTE OPEN: 8:30-10:30am

NEXT CAMPSITE OPENS: 12:30pm



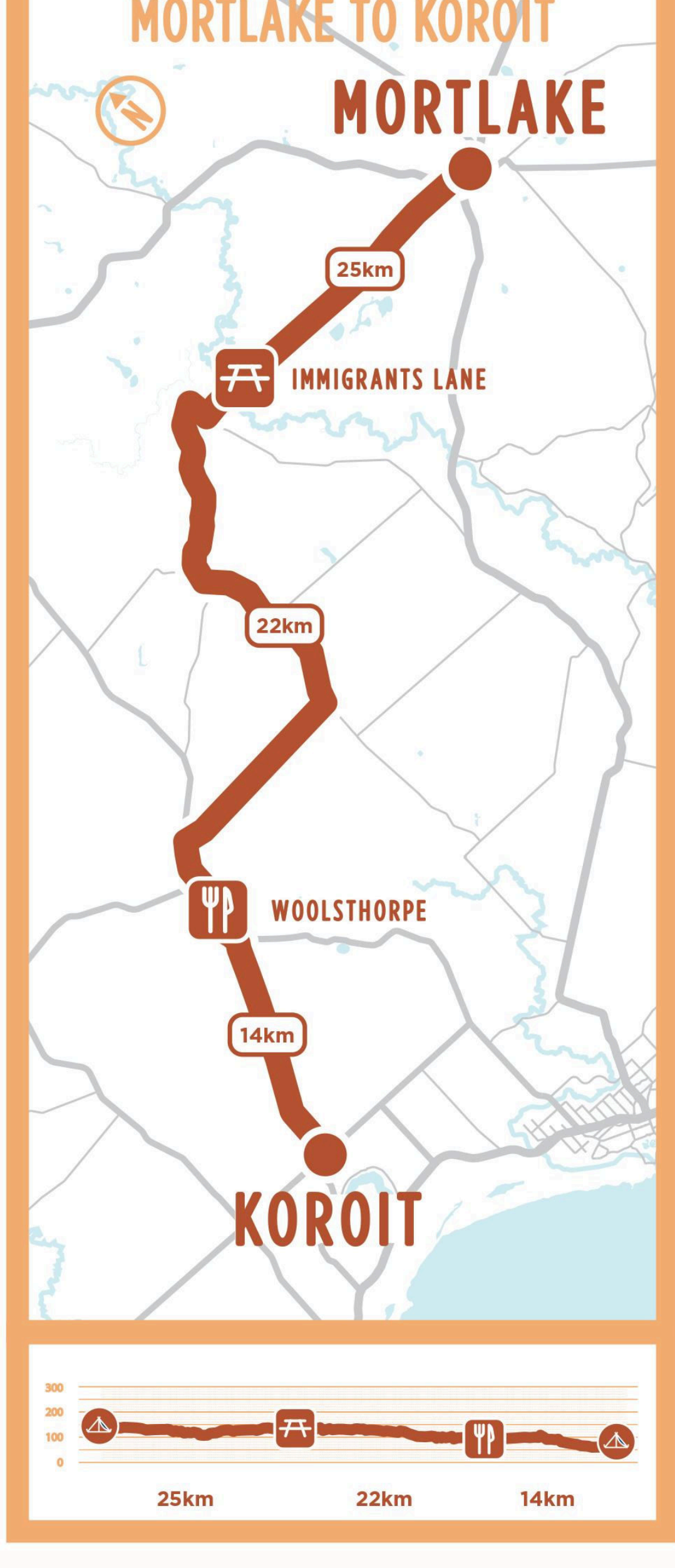
DISTANCE

61km



ELEVATION

212m



With fresh legs, you'll kick off the ride with a scenic ride into Koroit. Rolling through lush farmland and sweeping views of Tower Hill's ancient volcanic crater, you'll feel the energy build with every pedal stroke.

REST STOP:

BBQ lunch- Grab a classic BBQ lunch cooked by the Grasmere Primary School community, with all proceeds supporting the school. They'll also be running a Christmas raffle, so don't forget to grab a ticket while you're there.

TOMORROW'S WEATHER

Temperature: 27°C

Cloudy with sun



WARBY TOP TIP - Attitude

Enjoy the views, stop, rest and relax. It's a holiday, not a race. There is nothing wrong with walking up a hill, just be sure that you don't get in the way of those still pedalling. Get going early, particularly on hot days – beat the heat. If it's a big day, don't think of the entire day's ride distance, just the small section until your break. The worst that can happen is that you will be slow or need some help – neither of these conditions is terminal!

ENCOURAGEMENT ON ROUTE

Keep an eye out for lots of friendly waves and colourful window drawings from the students at Woolsthorpe Primary School as you pass!

SAFETY AND RIDING EXPECTATIONS ON RIDING - ALL WEEK

- We ride on open roads, with regular traffic, including trucks and tourist vehicles.
- All normal road rules apply.
- Keep left, no more than two abreast. Ride single file when it is safer or when signed.
- Never cross over the centre line or pass on the left.
- Take extra care when passing other riders.
- Follow all directions from Victoria Police, traffic controllers and route marshals – they are there to keep you safe and to reduce the impact on local communities.
- Communicate clearly: call "passing", "slowing" and "stopping"; point out any hazards to others.
- Use lights whenever visibility is poor.
- The WARBYs and our Route Team are out there to support you – flag them down if you ever need help.

IS IT AN EMERGENCY?

Does it require Ambulance, Fire or Police?

NO

**Call
EVENT
ASSISTANCE**

0425 381 816
or
0425 777 484

YES

STEP 1:
Call EMERGENCY
SERVICES **000**

STEP 2:
Call EVENT
ASSISTANCE

0425 381 816
or
0425 777 484

In case of an emergency, it is always recommended to call **000** first.

Calling event assistance after calling 000 is essential, so that, where possible, Bicycle Network can work with the Emergency Services to facilitate the appropriate response.

Note: These lines are contactable during the event.

Our friendly security team monitor the Event Assistance phones from 5.30pm to 4.30am each day, however assistance may be limited during these hours.

TOMORROW'S CAMPSITE

MONDAY NOV 24 | KOROIT



WHAT TO SEE AND DO IN KOROIT

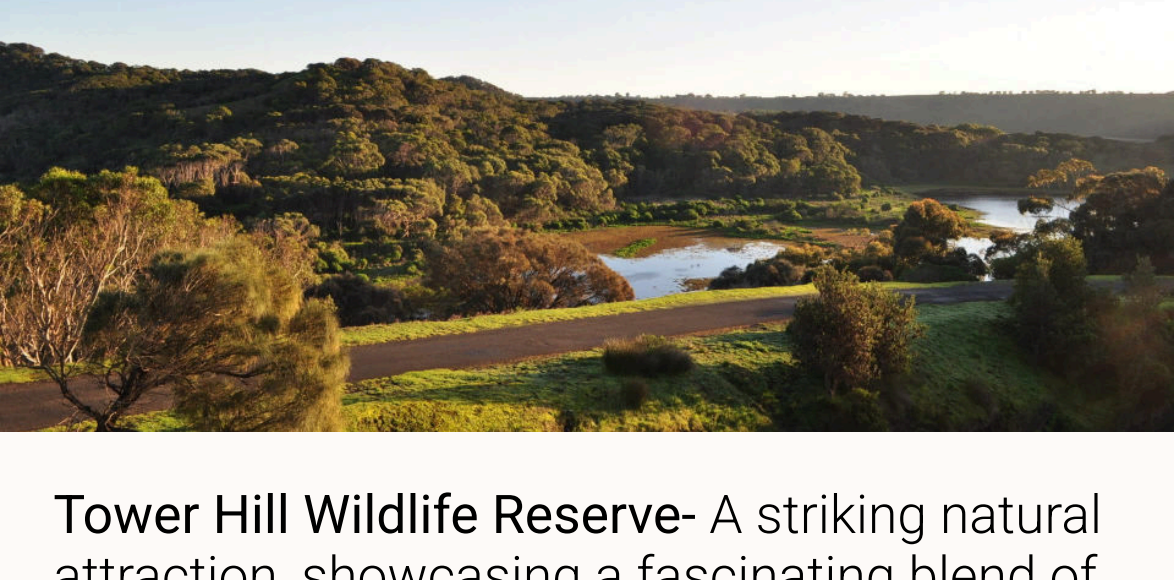
Koroit is a charming town rich in Irish heritage, nestled on the edge of Tower Hill Wildlife Reserve. Known for its welcoming locals, historic pubs, and vibrant food scene, it's the perfect place to relax and soak in the ride's early buzz.

Noodledoof Brewery & Distillery Tours- running from 2pm till 5pm - tours take approximately 30 minutes - \$15/person with 3 tasters of choice included. Bookings to be made from www.noodledoof.com/bookings.

Koroit Convent- , join a special tour of The Convent at Koroit & 'Art of the Stony Rises' Exhibition. Discover why such a place was built at the base of a blown out volcano. Find out how the nuns lived. Learn why the ghost 'Sister Doris' emerged. See the art of the Western District of Victoria through the eyes of artist, Ned Johnson. Tours running from 2.30-5pm. Bookings essential: www.conventkoroit.com/pages/event-overview

Suffoir Winery, Brewery and Distillery- a boutique family-owned estate in the Henty Wine Region. Enjoy premium wines, handcrafted gin, and warm hospitality. Meet our alpacas, emus, and sheep as you explore the vineyard. Relax with a glass in hand and take in the stunning, peaceful views of the countryside! Free shipping over a \$100 will be offered to anyone purchasing take-away products. Visit Budj Bim National Park next door and Tae Rak Aquaculture centre and make a whole day out of it! Cellar Door will be open from 11am-5pm in Macarthur.

Merri Doughnuts- treat yourself to fresh, handmade cinnamon doughnuts from the students of Merri River School. These delicious doughnuts are made weekly as part of the students' learning program, with all proceeds supporting their Year 12 camp. 10am-2pm.



Tower Hill Wildlife Reserve- A striking natural attraction, showcasing a fascinating blend of volcanic history, Indigenous heritage, and abundant wildlife.

Koroit Botanical Gardens- Wander along the paths, relax under the shade of ancient trees, or enjoy a picnic on the expansive lawns.

Skatepark- Children's playground, half-basketball court, outdoor exercise equipment and grassed picnic areas

Basalt Wines- Only a 25min bike ride from our Koroit campground. Visit their cellar door and restaurant. Open Mon & Tue 10:30am-5pm.

MONDAY'S CAMPSITE SCHEDULE

8:30-10:30am	Riding route open
3:30-4:15pm	Stretch session
4:00-5:00pm	Women's Community welcoming drinks
4:00-5:30pm	Cinema Session - Basketball Court
4:20-6:30pm	Live Music
5:00-7:30pm	Dinner open
6:45-7:00pm	Welcome to Country
7:00-7:15pm	Rider briefing
7:30-9:30pm	Cinema Session - Basketball Court
7:30-9:30pm	Live Music



MENU

Monday, Day 1, 24/11

(S) Standard. (GF) Gluten Free, (V) Vegetarian, (VGN) Vegan

Lunch

Turkey Cranberry Cheese Pita (S)
Turkey Cranberry Cheese Wrap (GF)
Cheese Avocado Salad & Mayo Wrap (V)
Roasted Pumpkin & Tomato Relish Pita (VGN)
Roasted Pumpkin & Tomato Relish Wrap (GF V) or (GF VGN)
Apples & Bananas
Super Fruit Muesli Bars
Leda Baked Fruit Bars (GF VGN)
Cordial

Dinner

Marinated Greek Lamb (S) or (GF)
Vegetable Moussaka (VGN) or (GF V) or (GF VGN)
Roasted Potatoes (V) or (GF) or (VGN)
Garden Salad (V) or (GF V) or (VGN)
Tzatziki (S) & Vegan Greek Dressing Sides
White or Brown Hamburger Roll
Bread Roll (GF)

Dessert

Chocolate Mudcake (V)
Chocolate Brownie Cake (V) or (VGN) or (GF VGN)
Thickened Cream (S)
Custard (VGN)

DAILY EXTRAS

SUNDAY NOV 23 | MORTLAKE PRE-CAMP

DAILY TRIVIA

1. Mortlake is known for historic buildings made from what local material?
2. Which rail trail is the longest historic Rail Trail in Victoria?
3. What does “cadence” measure in cycling?
4. In what year was the first Great Victorian Bike Ride held?

Answers (Zoom to view): 1: Bluestone. 2: The Great Victorian Rail Trail from Tallarook to Mansfield (134km). 3: Pedal revolutions per minute (RPM). 4: 1984.

MAL EMBARKS ON 14TH GREAT VIC

Hi everyone,

I'm from Sydney, and have been travelling to Victoria for 14 of the last 17 years for the GVBR. I missed 2011 and 20/21 due to Covid.

I thoroughly enjoy the event which keeps me coming back. I travel to Victoria each year as NSW offers nothing like it.

Every ride has been unique in beautiful locations and routes with varying weather and challenging climbs (as well as some challenging camp sites!).

I love the country towns and their bakeries. The camaraderie of participants, organisers and volunteers has been exceptional.

I have become great friends with a gang of regulars from Melbourne and we ride together on the GVBR as well as other times throughout the year.

I'm a bit sad about only riding for 5 days this year compared to previous years, but am looking forward to the reduction of packing up and setting up!

I'm keen to see how the new format pans out and how it compares to previous years.

Keep safe and see you on the road for GVBR 2025. - Mal Lephherd



Mal on his first Great Victorian Bike Ride which was also along the Great Ocean Road back in 2009.

**BICYCLE NETWORK**

JOIN US

**PROTECT YOURSELF.
HUGE SAVINGS.
CREATE CHANGE.**

**All this for less than
the price of one
coffee per week.**

Personal Protection

Income protection Legal support

Savings & Perks

Event discounts Exclusive magazine & offers

Safer Streets Advocacy

Open Streets Ride2School Parkiteer

**45,000+ riders
already protected**



**Use code
SPRING20
for 20% off.**
Offer ends
7 December



Club Vizzy has got you covered with top tips for being visible and staying safe on the TAC Great Victorian Bike Ride. Plus, our film crew will be out on the route each day capturing all the high-vis vibes for our daily episode of The Vizzy Diaries, hosted by Simon Gerrans.

Check in daily for all the latest below:

www.tac.vic.gov.au/clubvizzy



**GREAT VIC
BIKE RIDE**



**Transport
Accident
Commission**