GREAT VIC BIKE RIDE | TAC

THE GOOD OIL 2025

ISSUE 5: PORT CAMPBELL LOOP RIDES

NOV 27 | TOMORROW'S RIDE: PORT CAMPBELL TO CAMPERDOWN

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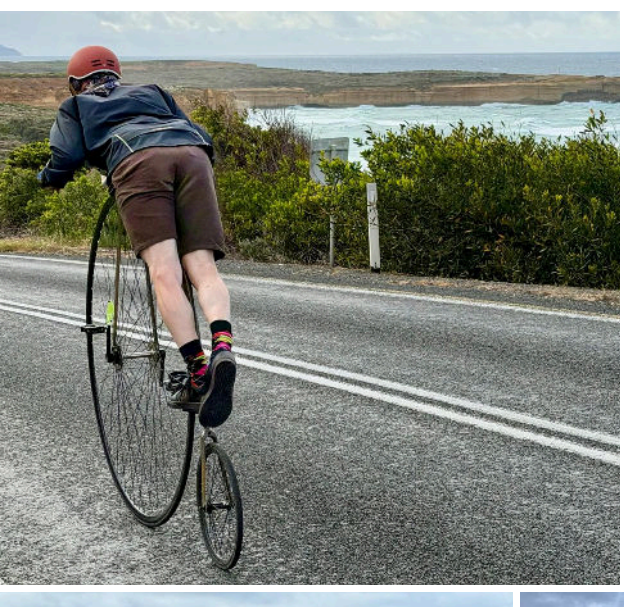
You've made it this far, taken in a multitude of breathtaking sights, ridden hundreds of Km's, all within five days. Sit back and relax in Port Campbell, you've earned it.



Tonight marks the final night of the 2025 Great Vic, which means we get to party and celebrate in camp after a great week of riding, chatting and camping.

TONIGHT'S CAMPSITE SCHEDULE

5:00-7:30pm	Dinner open
7:00-7:30pm	Rider briefing
7:30-9:30pm	Awards and Live Music
7:30-9:30pm	Cinema - '*The Intern*' - Indoor Basketball Court

WHATS ON IN TOWN AND AT CAMP?

Timboon distillery - Fancy a hand-crafted local whiskey, vodka or liqueur? Head to Timboon distillery on Main Street for a spirit tasting (free shipping on orders) 12:30-8pm.

Want something for dinner:

Port Campbell takeaway- get some fish and chips, or a burger. Open until 7:30pm.

REAL Pizza Pasta Salads- Pedal downtown to get a pizza then swing and sway the afternoon away while you munch in the front garden at REAL Pizza Pasta & Salads.

Port Campbell Surf Life Saving Club- Berry Good Thai' will have their renowned Head Chef, Wanida on site. They will be offering, Spring Rolls, Curry Puffs and an assortment of Rice Dishes, Stir Fries, and Curry's as well as fresh, delicious strawberries. All FRESH, from FARM/RESTAURANT to you!!! Open until 9pm. Bookings and enquiries: 0408985400.

AUSTRALIAN MUSIC T-SHIRT DAY

In aid of #SupportAct, (www.supportact.org.au) a charity that helps Australian musicians in crisis, the first 5 people wearing an Australian band t-shirt can receive a free drink from Chris at the bar on-site!

DAY 4 CLUB VIZZY HIGHLIGHT VIDEO

CLUB VIZZY
TAKE A RIDE ON THE BRIGHT SIDE

Club Vizzy has got you covered with top tips for being visible and staying safe on the TAC Great Victorian Bike Ride. Plus, our film crew will be out on the route each day capturing all the high-vis vibes for our daily episode of The Vizzy Diaries, hosted by Simon Gerrans.

CHECK OUT THE DAY 4 HIGHLIGHTS

or visit www.tac.vic.gov.au/road-safety/current-sponsorships/bicycle-network

BICYCLE NETWORK GREAT VIC BIKE RIDE | TAC Transport Accident Commission

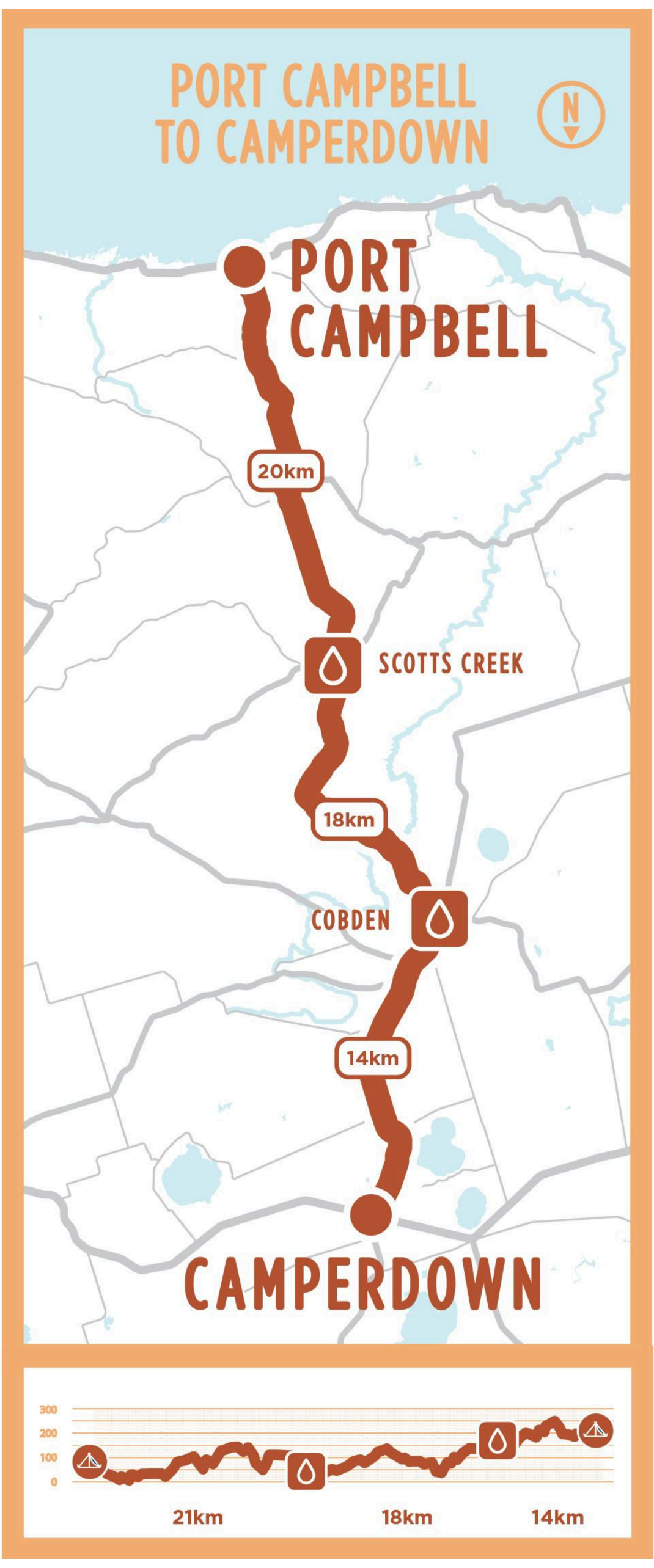
TOMORROW'S RIDE

FRIDAY NOV 28 | PORT CAMPBELL TO CAMPERDOWN

RIDING ROUTE OPEN: 6:30-8:30am

DISTANCE
53km

ELEVATION
703m



We've made it to the final ride day! Tomorrow we will leave the Ocean behind as you head to Camperdown, where our adventure concludes.

TOMORROW'S WEATHER

Temperature: 18°C
Cloudy with a high chance of showers later in the day.

WARBY TOP TIPS

Keep applying and re-applying sunscreen throughout the day even if it's cloudy, you can still get burnt. Make sure not to over-inflate your tyres, follow what the manufacturer recommends on the side of the tyre. Also be sure to carry a spare tube.

LOCAL INFORMATION - FROM THE PORT CAMPBELL VISITOR INFORMATION CENTRE

The ride will take you from Port Campbell on Keerray Wooroong Country to Camperdown surrounded by lakes and at the base of two volcanic mounts where you will arrive onto Djagurd Wooroong Country.

The ride commences with undulations out of Port Campbell skirting Cooriemungle and Jancourt forests and through the picturesque Devil's gully on route to Cobden.

Cobden is the home of Western Star Butter. The final rest stop of the 2025 Great Vic is on the outskirts of town about 600m north of a bakery, supermarket, Op shops and café.

The Cobden Pioneer Park and Historical Hall will be open for riders to enjoy.

Beyond Cobden you will be running parallel to the Camperdown – Timboon Rail – Trail and will ride directly past the northern trail head.

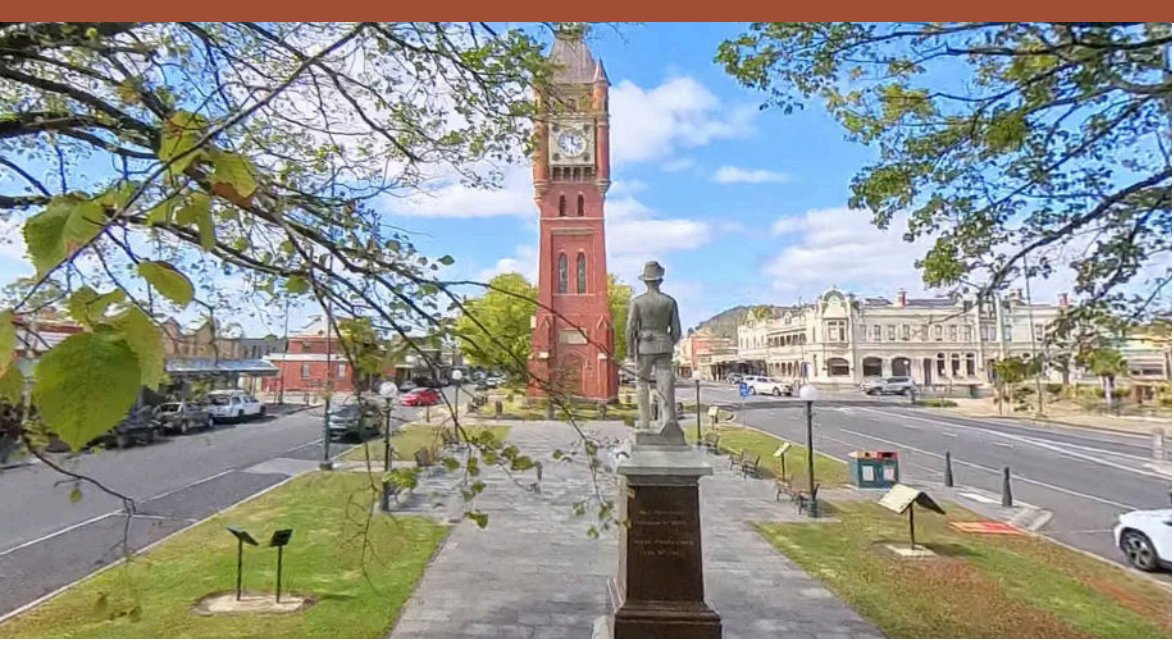
Running ahead of time? Why not turn off to South Beach at Lake Bullen Merri a great spot to massage the feet in the black volcanic sand surrounding the lake.

COBDEN WATER STOP

✨ Fairy Bread Station! ✨ Need a sugar and sprinkle pick-me-up? Swing by Cobden's rest stop for a classic Aussie treat; fairy bread! Progressing Cobden's volunteers will be ready with bright smiles, and colourful slices to keep your legs spinning and your spirits high. While you're here, don't miss a snap with our Big Western Star Butter Box– the perfect photo op to mark your Great Vic ride through dairy country.

TOMORROW

FRIDAY NOV 28 | CAMPERDOWN



WHATS IN CAMPERDOWN

This historic town offers a peaceful setting to unwind, with its lakes, heritage buildings, and relaxed atmosphere providing the perfect place to celebrate completing the ride.

Before you get on your way, we encourage you to head into town and enjoy the local eateries and retail stores that this town has to offer.

Mainfold Street- discover vintage, retro and recycled treasures, tasty treats and historic buildings on Manifold Street.

Take a hike or bike for impressive views over surrounding lakes from Mount Leura or Camperdown Botanic Gardens.

Cobden and District Historical Society- have a lots of local photos and memorabilia for you to check out. They research the history of Families and Businesses that were in the Cobden area. Open 10am-3pm.

Camperdown Clocktower- take the time, to stroll under the elms for a unique view of the 35m 1896 Camperdown Clocktower. A rare example of Victorian Medieval Revival Architecture with French Gothic elements.

Camperdown Football club- offering varieties of hot food from their club house

Lions club- sausage sizzle at finish line

Bunz- Loaded subs at the finish line

Timboon icecream will also be available!

FRIDAY'S SCHEDULE

6:00-8:00am	Breakfast open
6:30-8:30am	Riding route open

Breakfast

Instant Oats & Nutrigrain & Muesli (V)
Weetbix (VGN) & Cereals (GF)
Various Sliced Bread including (V) or (GF)
Jams, Honey & Vegemite, Apples & Bananas
Fruit Salad, Flavoured Yoghurts, Greek Yoghurt
Coconut Vanilla Yoghurt (V)

Coffee, Tea, Milo, Apple & Orange Juice
Milk including Full Cream, Lactose Free, Soy & Rice

LUGGAGE AND TRANSPORT INFO

Luggage trucks will be ready to load at 6:15am.

Luggage trucks will arrive at Camperdown no earlier than 11:00am.

- Buses from the finish site will depart at approximately 2pm.
- Melbourne-bound coaches will start leaving earlier once full, with the final coach departing at 2pm.
- Private pickups: If you are being collected, please meet your ride on Lawrence Street.

DAILY EXTRAS

THURSDAY NOV 27 | THAT DAYS ROUTE

DAILY TRIVIA

1. The Twelve Apostles are made of what type of rock?
2. What type of brakes are known for strong stopping power using a rotor and calliper?
3. The Peaks Challenge, offered by Bicycle Network each year climbs which 3 peaks?
4. How many hectares does the Port Campbell National Park cover?

Answers (Zoom to view): 1) Limestone 2) Hydraulic disc brakes 3) Buninyong, Macedon, Donna Buang 4) 1,750 hectares

VELOCIPEDE IMPROBULATORS

The 2 guys with the crazy bikes are the pennyfarthing riders. They say the wind can be a bit rough on a pennyfarthing.

They call themselves 'The Velocipede Improbulators' and travel back through time to find versions of pedal powered machines not in production today. Then they engineer the most interesting and challenging ones from junk. They say, "Everyone either likes to try riding them or watch others try."

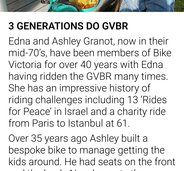
'The Velocino' (which you can google) was big in Italy in the 30's. It had a coffee percolator attached and often had a mudguard. Women took it to the markets drinking coffee on the way. You can try it out at GVBR but without the coffee.

The guys say, "Some bikes are so dodgy we don't let others ride them." The ones that have been brought to GVBR are 'Velocino', 'Opposite Steering', 'Death Leopard', the 'Swing Bike' from the 60's which swings from side to side and a 'Row Bike, originally built by Bill Fraser in the 80's who ran a trampoline factory in Melbourne.

The Clown bikes are really popular. The taller you are, the more fun they are to ride and even funnier to watch. There's an 'Up and Down Horse Ride' bike that's popular with horse types because of the change in rhythm between trotting and catering.

Currently the guys are building a double decker tandem requiring welding and a ladder to climb up to it. Probably a bit precarious to use at events. Maybe just to look at.

GREAT VIC BIKE RIDE'S TOP TALENT
Incase you missed it, last nights talent show was won by Lionel Holt who got the whole crowd participating in his ukulele cover of '*Home Among the Gum Trees*', with the actions and all.



3 GENERATIONS DO GVBR

Edna and Ashley Granot, now in their mid-70's, have been members of Bike Victoria for over 40 years with Edna having ridden the GVBR many times. She has an impressive history of riding challenges including 13 'Rides for Peace' in Israel and a charity ride from Paris to Istanbul at 61.

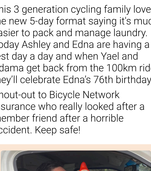
Over 35 years ago Ashley built a bespoke bike to manage getting the kids around. He had seats on the front and the back. Now he carts his grandkids on the same bicycle. Still fit and passionate about cycling.

The Granots passed on their love of cycling to their daughter Yael Ouedraogo and grandson Adama (12) who have joined them this year on the GVBR. Yael did it a number of times with her parents as a teenager and remembers making dad get a tandem for a very steep hill climb one year. No need for that now though as she does distance training during the week so is super fit with strong climbing legs.

Grandson Adama had heard tales of grandma's cycling adventures and of the GVBR and a few years ago asked to come along too. Last year grandma realised she was too slow for him so she connected him up with some guys from 'Country Hearing Care' who gave him a team jersey and included him in their petition. This really grew his confidence. Now, still only 12, he is a Victorian Track Champion having recently come 2nd at Nationals in the under 15 category.

This 3 generation cycling family love the new 5-day format saying it's much easier to pack and manage laundry. Today Ashley and Edna are having a rest day a day and when Yael and Adama get back from the 100km ride they'll celebrate Edna's 76th birthday.

Shout-out to Bicycle Network Insurance who really looked after a member friend after a horrible accident. Keep safe!



DID YOU FIND A GNOME?
Scurrying around our campsite are some friendly Gnomes. Found one? Snap a pic and send it to @TACGVGNOMES on Instagram

DOUBLING DOWN FOR 150KM

Hoth Beny, a young rider rode the 50km route today, but didn't want to miss out on the other loop so he also rode the 100km right after!

He made sure to depart camp early this morning to get both routes in.

VOLUNTEER OF THE DAY

Wednesday's volunteer of the day was awarded to Richard Scheurer, a vollie who tackles the jobs the rest of us... well, run from. Thank you for bravely confronting blockages, clogs, and mysteries that should honestly require a crime-scene investigation. While the rest of us panic, you roll up your sleeves and save the day—and the plumbing. You keep our toilets flowing, our spirits high, and our noses... mostly safe. We appreciate your heroic service in the line of doody. Thank you for everything you do - you are our most valued volunteer of the day.

You can vote for volunteer of the day here: www.surveymonkey.com/r/NNXRYYT

THANK YOU TO OUR WONDERFUL TEAM
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